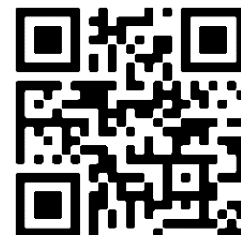




## Virtual Triple P – November 2021

Triple P teaches families with children 0-12 years of age how to spend less time battling misbehavior and more time building close relationships. You'll develop positive parenting skills to manage stress and encourage healthy habits, and that can mean more good days for your family.

**Register:** Online at [www.childrenswi.org/triplep](http://www.childrenswi.org/triplep)



### Raising Resilient Children

Wednesday, November 3<sup>rd</sup> 12:00 PM – 1:30 PM

### Hassel Free Shopping

Monday, November 8<sup>th</sup> 12:00 PM – 2:00 PM

### Balancing Work and Family

Thursday, November 11<sup>th</sup>, 2:00 PM – 3:30 PM

### Getting Teenagers to Cooperate

Tuesday, November 16<sup>th</sup>, 6:00 PM – 8:00 PM

### Developing Good Bedtime Routines

Wednesday, November 17, 12:00 PM – 2:00 PM



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