

Meet the Mental Health Professional

About Me

I have degrees in psychology and exceptional education, and have spent many years studying the impact of trauma on our brains. The most important thing I've learned in my studies is the importance of building meaningful relationships with others. Without a trusting relationship with the people I'm helping I won't get far.

Schedule

Monday - Friday 7:30 am - 4:00 pm

Personal Statement

One of my favorite quotes is "Those who say it cannot be done should not interrupt the person already doing it."

I strive to be the person who takes action, even when challenging situations arise.

Contact Info

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Kate Campbell

