# Meet the Mental Health Professional



## About Me

Title: Positive Behavior and Early Intervention Specialist, on the Mental Health Team

Start Date: 11/11/2013

Education: Bachelors Degree in Child Development & Family Studies from the University of Wisconsin-Madison

Experience: 10+ years in the classroom, primarily with toddlers / Early Head Start; 3+ years on the Mental Health team

Who I Serve: Center-based EHS classrooms for Positive Behavior Support at both sites; center- and home-based EHS and HS3 for Early Intervention & Disabilities Referrals

Mindfulness: I am part of the Mental Health Team and teach Mindfulness Curriculum to the teachers and staff.

#### Schedule

Monday - Friday 8:00 am - 4:00 pm Alternating between both locations: 29th St. (N130F) and Capitol Dr. (Room 111)

## **Personal Statement**

"Our life is shaped by our mind, for we become what we think."

- Buddha

"If you can't change it, change your attitude."

- Maya Angelou

"You can't go back and change the beginning, but you can start where you are and change the ending."

- C.S. Lewis

"You do not find the happy life. You make it."

- Camilla Eyring Kimball

"Believe you can and you're halfway there."

- Theodore Roosevelt

"Life is either a daring adventure, or nothing at all."

- Helen Keller

### Contact Info

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Ms. Melissa Green



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