



PARENTAL STRESS FROM THE ONGOING PANDEMIC?

Cozy Smith, LMFT, works through Children's Hospital and sees students on site at Next Door.

Therapy can address the challenges and impacts from the pandemic including:

Changing schedules due to illness/quarantine

Childcare and employment disruption

Grief and loss

Caretaking for other family members

Loss of support and physical connection with others

SUPPORT IS AVAILABLE TO HELP YOU WORK THROUGH HOW THIS IS IMPACTING YOU AND YOUR CHILD.

Please reach out to a family advocate of PBIS staff if you would like more information or a referral.

